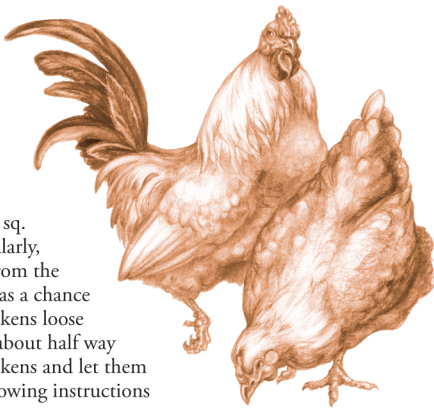


Omega-3 Chicken Forage Blend

Omega-3: University studies show significantly higher Omega-3s in eggs from hens who can forage in pasture instead of just eating an industrial diet. Our mix has the alfalfa, clover, and flax that increase Omega-3s in eggs (see back for ingredients).

Planting: Plant annually after danger of frost has passed. Caution: Flax can form prussic acid when exposed to frost so do not graze horses on this mix.

Plant at 50 pounds per acre or 2-3 pounds per 1,000 sq. ft. Keep moist until germination and then water regularly, depending on your soil type. Keep your birds away from the newly seeded area or they will eat the seed before it has a chance to germinate. When the mix is 2-5" tall turn the chickens loose on the planted area until they have eaten the grasses about half way down. Or plant some in a 17" square flat for the chickens and let them chow it all down. Add soil, sow thickly, follow the growing instructions above, then place the flat in the chicken run.



Increase Omega-3 Fatty Acid Content in Eggs